



# Daily Divine Communion

Sathya Sai Center of Minneapolis South



Sairam!

When the Lord does not limit His grace to this day or that location, why must *Satsang* (congregation of spiritual aspirants) be limited to Sundays and St. Paul? Guided by this thought, the Sathya Sai Center of Minneapolis South has initiated the Daily Divine Communion program for spiritual seekers to meet more than once a week in the convenience of their own neighborhoods. Wherever you live in the Twin Cities, whichever day you thirst for *Satsang*, you can now join a group of fellow seekers in worship, study or service!

Visit [www.saimn.org](http://www.saimn.org) or email [feedback@saimn.org](mailto:feedback@saimn.org) for schedule updates, addresses, and additional information.

<u>FIVE groups</u>	<u>FIVE days</u>	<u>FIVE spiritual activities</u>	<u>THIRTY minutes</u>
Eden Prairie Eagan Woodbury Maple Grove University	Monday Tuesday Wednesday Thursday Friday	Spiritual literature study Devotional singing Service Meditation Gayathri chanting	or more!

**Hosts and participants of the program are requested to adhere to the following guidelines:**

1. This is a center governed program. All activity should conform to the guidelines set up by The Sathya Sai Baba Central Council of the United States of America.
2. Maintain an altar and atmosphere that is simple and universal. Universal Values logo will be provided by the center.  
*"Centers must also pay attention to the impact of such details as the items placed on the altar, seating arrangements (floor vs. chair seating), the content and style of the devotional singing programs, and the attire of the participants, including removal of shoes. All these details contribute to making our centers seem either welcoming and friendly or unwelcome and foreign."* (FAQS: Sathya Sai Organization of the United States)
3. Practice *"Fatherhood of God and brotherhood of man"* in principle and spirit. Non-Indian and non-Hindu brethren unaccustomed to singing in Indian languages, sitting cross-legged, etc, would already be confronted with many new cultural elements. It is everyone's divine duty to not add to them.  
*"Born in various areas, flowing through various paths, the rivers at last reach the ocean. So too, born in different lands, practicing different ways of Dharma, people reach the Ocean of the presence of the Lord, through different modes of worship."* (Prema Vahini)
4. Select easy-to-follow songs. At least one English/international song and one all-faith (*Sarvadharm*a) song must be included.
5. There will be no change in the center's regular Sunday program. Participating groups are expected to attend as usual.
6. This is a subsidiary program and cannot conflict with regular or special center events at any time.
7. Socializing is strictly forbidden.
8. Food will not be served before, during or after *Satsang*.
9. *"Be silent yourself; that will induce silence in others."*
10. Do not leave children unattended. Encourage them to participate as well.
11. Be respectful of the host family's property and time. Arrive on time and leave promptly.
12. Be prepared to overlook minor inconveniences. Love is our motivator; everything else is incidental.
13. Questions? Email [feedback@saimn.org](mailto:feedback@saimn.org).

